

St Thomas' C.E. Junior and Infant School

Church Street, Warrington WA3 3TH

Headteacher: Mrs. J Woods. BA (Hons) MaST

Tel: 01942 728153

Website: www.golbornesaintthomas.wigan.sch.uk

Email: enquiries@admin.golbornesaintthomas.wigan.sch.uk

Dear Parent/Carer,

Re: Invitation to Parent/Carer Session Regarding Year 5 Preparing for Puberty Lesson

As part of our ongoing programme of Sex and Relationships Education, we will be inviting experienced staff from an outside agency, HH Kids, to deliver the above lesson to our Year 5 pupils. The staff who deliver the lesson have worked within the field for many years and are highly skilled in their delivery. If you wish to find out more information about this agency, please view their website at www.hhkids.co.uk

School will review the lesson content and resources to ensure they are age appropriate and meet the needs of our pupils.

The lesson will be delivered on **Wednesday 4th March** and will cover:

- When and how puberty starts
- Some of the physical body changes as young people approach puberty and the differences between boys and girls
- Different feelings as young people go through puberty and how to deal with them positively
- The need for good personal hygiene

Year 5 girls will also have the opportunity to take part in an additional lesson on **Wednesday 11th March**, which will include information on:

- The menstrual cycle and the products available

This will provide a basic introduction to this topic, as it will be covered in greater detail when your child is in Year 6. You have the right to withdraw your child from non-statutory elements of SRE, which are not included in the National Curriculum for Science. However, we would encourage you to allow your child to take part, as should they be withdrawn, they may be subjected to receiving inaccurate information from their peers following the lesson.

To provide you with details of the content of this lesson, we would like to invite you to attend a parent/carers session prior to delivery. This will give you the opportunity to meet the member of HH Kids staff delivering the lesson and to view the resources they will use. We see this as an important part of our SRE programme to enable you to be prepared for questions your child may ask, or to discuss the issues raised during and after the lesson. Evidence shows that children and young people greatly value being able to talk to their parents/carers about these issues.



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The parent/carer session will be held on **Wednesday 26th February** at **2pm**. Please complete and return the reply slip by **Friday 14th February** if you are able to attend.

If you would like to withdraw your child, please contact me to discuss this further.

We do hope you will support us in this work. If you do not request that your child is withdrawn, we will assume that you are happy for them to take part.

Yours faithfully,

Mrs Woods

Headteacher

Please complete and return to school no later than (14th February)

I would like to attend the Year 5 parent/carer SRE session to be held on **Wednesday 26th February** at **2pm**:

Name of child _____

Signed _____ (parent/carer)

Date _____

