

## **Golborne St. Thomas' C of E J & I School**

### **PSHE Policy**

#### **A journey in faith, arriving with hope.**

##### **St. Thomas' School vision:**

**To ensure the children are highly valued by all members of the school community.**

St. Thomas' creates a culture of high aspirations by making the school the heart of the community. We aim to develop a culture of curiosity and creativity by unleashing our children's God-given potential to make a difference in our locality and beyond.

Our parents, staff and governors see and understand the individual talents of each pupil and the opportunities provided. We openly celebrate and reward children's successes and achievements.

**To inspire all children through a broad, balanced and engaging curriculum enabling every child to succeed.**

We create an ethos where everyone is an explorer and an active participant. Children are challenged and encouraged to thrive in all areas. Our aim is to nurture talent and ensure children are equipped to live life in all its fullness.

Children experience a wide range of high-quality lessons and enrichment activities daily. We recognise that children are naturally curious; therefore, child-led learning is developed through their questions.

**To nurture children's wellbeing to ensure healthy mind, body and spirit.**

At St. Thomas' values are at the heart of all we do. We provide a safe, supportive environment which empowers children to grow and develop their self-worth, self-esteem and self-respect. Our unique learners are resilient and are willing to take big risks to make big leaps.

Values are actively promoted, modelled, and celebrated by all. Our inspiring curriculum and pastoral care teaches children the importance of healthy lifestyles: physically, mentally and spiritually.

### **PSHE Policy**

PSHE is taught throughout the curriculum here at St Thomas' and is given the upmost importance that it deserves. Through PSHE, pupils are given the opportunity to develop their knowledge and skills on how to be healthy, safe and a caring member of our school. Through a range of lessons and experiences pupils are encouraged to deepen their understanding of the outside world, ultimately leading to a better understanding of life in modern Britain. Our aim is to promote spiritual, moral, cultural, mental and physical development of our pupils, both in school and in the wider world. We help children to develop an appreciation of how to behave responsibly, courteously and to have consideration for others.

#### **PSHE at Golborne St. Thomas'**

Our objectives are to enable children to:

- Know and understand what constitutes a healthy lifestyle

- Understand how to build good relationships with others, both within school and the outside community
- Have respect for others who are different from themselves
- Be aware of how to keep themselves and other safe
- Be independent and responsible members of the school community
- Develop their self-confidence and self-esteem and make informed choices regarding personal and social issues

### **Teaching and Learning style**

PSHE is taught both as a singular subject and in other subjects across the curriculum. Our school use SCARF (an online resource to access materials that are in line with the government curriculum) and P4C (philosophy for children) in order to deliver PSHE lessons. We also use PSHE through other areas of the school such as, collective worship, school council, Woodland's sessions and Ethos group. HH kids deliver sessions on puberty for year 5 and 6. Using SCARF (Safety, Caring, Achievement, Resilience and Friendship), pupils are taught well structured lessons that are in line with the PSHE association programmes of study. In addition to using this, we provide many enrichment activities to support the curriculum such as, Healthy Schools Week, Anti-bullying Week, mindfulness activities and cultural events and dance classes.

### **Assessment and recording**

Teachers assess children's work in PSHE by making informal judgements as they observe them during lessons. We use Seesaw to evidence any work we have completed and use displays to demonstrate our work.

### **Governors**

It is the duty of the governors to ensure that the school follows its responsibilities to ensure that the PSHE policy and curriculum are in line with the non-statutory guidance in the National Curriculum 2014.

### **Further Information**

For full details and to answer any further questions you may have, please consult our School Information Report, found on our school website. You may also see PSHE in action on Seesaw, our Facebook page and within numerous displays around the school.

Policy written: November 2022

Review date: November 2023